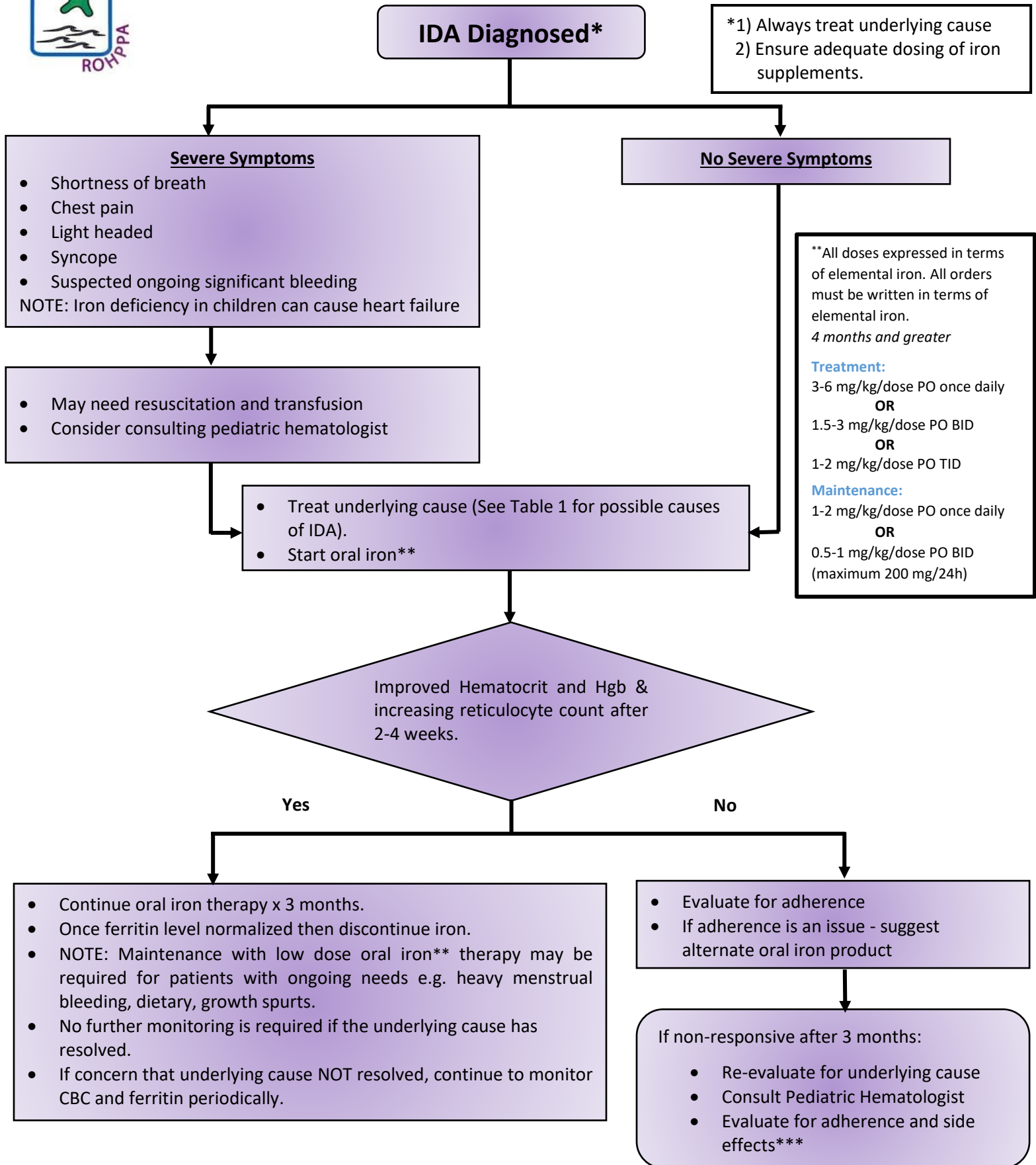




Figure 2: Management of Iron Deficiency Anemia (IDA) (APHON/ROHPPA)



*See attached for a list of iron rich foods **Several iron preparations are available and are based on the elemental iron component. The iron salts such as sulfate, gluconate, & fumarate may cause GI upset & constipation in some patients. Oral iron salts can stain teeth (suggest a straw with liquid iron) and should be taken with food rich in vitamin C to increase absorption and separated from calcium rich foods/supplements and antacids *** If patient cannot tolerate iron salts consider other products such as iron complex (Feramax). See Table 2 for product information.